



To Make a Sweet Water for Washing, Scenting, and Delighting the Nose

Beauty and medicine in a bottle

Ye Shall Need:

- * $\frac{1}{2}$ cup distilled water
- *2 tsp goodly vodka
- *A handful of petals or herbs (rose, rosemary, lavender, thyme, or what thy garden yields)
- *6-8 drops fragrant oil, if thou desirest a stronger perfume

The Crafting Thereof:

1. Fill a fair bottle halfway with petals and herbs — no more, lest they swell and mutiny.
2. Pour in the vodka, that it may preserve their spirit.
3. Add thy scented drops, if thou wouldst charm the air further.
4. Fill up with water, stopper well, and shake like a small, polite thunderstorm.
5. Hide it in a cool, dark place for 2-3 weeks (or longer, if patience be thy virtue).
6. Strain into a fine vessel or atomiser.
7. Use upon face, linens, bathwater, or as a blessing upon rooms in need of cheer.

