

*Not a stinger.
Just misunderstood*



Scroll IX

The Stillroom Almanac

Red Dead Nettle

What the Old Ones Said

The Archangels were counted among Venus' herbs, especially in women's matters.

Gerard wrote of hedge nettle stamped with vinegar for hard swellings and inflamed places, and praised the flowers, preserved with sugar, for making the heart merry and the spirits fresh.

Culpeper called the Archangels hotter and drier than stinging nettles, useful for bruises, wounds, swellings, pains of the joints – and, most of all, “a herb of Venus.”

Charm for Red Dead Nettle

*Red Archangel, low and bright,
Hedge-born helper, spring's small light,
Salt of earth and Venus' thread,
Wake the heart and steady the head.
Not grand, not loud, but kind and true –
Let small things show what they can do.*

If this scroll made your teacup smile, and you'd like to support the Stillroom, the tip jar is here: paypal.me/thethymekeeper

From the Stillroom Almanac of The Thyme Keeper & the Sun King

Lamium purpureum

Planet: Venus, with a Saturn hem

Element: Earth

Temperament: Warming, Drying

*Also answers to: Red Archangel,
Purple Dead Nettle, Hedge Nettle*

A Receipt for the Stillroom

Red Dead Nettle Salt

Gather fresh flowering tops.

Pound with good salt until green-purple and fragrant.

Spread to dry.

Pound again until fine.

Use on eggs, potatoes, soups, or anything needing a small hedge-blessing.

What Mouse Uses Her For

For a spring salt that tastes of green edges.

For reminding the hands that small plants can still be useful.

For days when feeling deeply does not stop the work.

The kind of plant that stays.



