



Flying Ointment (Folk-Safe & Mildly Suspicious)

*No broomstick required –
though it does look better if you're wearing one.*

*No guarantees you won't wake up
speaking 16th-century French.*

Ye Shall Need:

- *4 tbsp sweet almond oil
- *2 tsp beeswax
- *2 tsp dried rosemary (for clarity & protection)
- *2 tsp dried mugwort (for dreams & astral meanderings)
- *2 tsp dried yarrow (for quiet strength)
- *Pinch of spirulina powder (optional – for a most scandalous shade of green)

A Note on Slightly Scandalous Salves

In old tales, witches anointed themselves with dangerous herbs and vanished into the night on broom or beast.

This is not that ointment.

No henbane, no mandrake, no need for neighbours to whisper behind their hands.

Instead, this is a gentle blend for dreamwork, quiet wandering, and sitting in bed pretending you are, in fact, a creature of great mystery.

Apply where you please.

No instructions required.

The Crafting Thereof:

Place the oil and herbs in a small bowl or jar, and warm gently over a bain marie for about an hour, until the oil has taken on their scent and intention.

Strain well through cloth, pressing the herbs as though they might still be hiding something.

Return the infused oil to gentle heat and add the beeswax, stirring until melted.

Remove from heat.
Add the rosemary essential oil.

Stir slowly,
as if you are not entirely innocent.

Pour into a clean jar and leave to set.

Add spirulina if you wish to scandalise the colour.

Label, if you must:
"Not For Broom Use"
(or something equally unhelpful to the postman)

